

**SUNDAY, FEBRUARY 14, 2016**  
**FIRST SUNDAY IN LENT**

**“WHEN YOU PRAY” PRAYER – LIVING OUR UNION WITH GOD EACH DAY**

Our Ash Wednesday Gospel reading is Matthew 6: 1-18, where Jesus calls us to PRAYER, FASTING AND ALMSGIVING, the heart and soul of our Lenten observance, the three pillars of Lent. We begin by reflecting on PRAYER, the first and most important pillar of Lent. “When you Pray” Matthew 6:5. Jesus tells us.

Prayer, that is simply our loving conversation with God, is a supreme good: it is experiencing and nourishing our relationship, our union with God. When our spirit is intent upon God, it is illuminated by His infinite light. We mean here prayer from the heart which we do not only at scheduled times but also spontaneously during the day and night when thoughts about God just come into our minds and we stop to talk with and spend time with Him informally and intimately.

We can reach out to God when we are working, caring for our families, doing acts of kindness. Try to long for God and call Him to mind often because this will season our work and our other efforts with the salt of God’s love. Whatever we are doing becomes a conscious, direct offering to God. During our whole lives we enjoy the benefits that come from prayer if we devote as much time as possible to it. Gradually we become more and more attuned to the awesome truth that the God we are reaching out for is already living within us all the time. Our prayer helps us realize this in our daily experience.

Prayer is the light of the spirit; it is real knowledge of God. Prayer gives joy to the spirit, peace to the heart even when things are going rough for us. Our prayer becomes a longing for God, sometimes almost impossible to put into words. We realize slowly that our longing for Him is a gift of His grace and not just our own doing. It is His love working inside us before we even realize it.

Sometimes we feel we don’t know how to pray very well and we wonder if we’re doing it right. Yes, our prayer often does seem so, so inadequate. But don’t worry because the Holy Spirit is within each of us. He transforms our halting sometimes distracted words and thoughts into a beautiful gift that we offer to God. The Apostle, Paul, says: **“The Spirit helps us in our weakness for we do not know how to pray as we ought, but the Spirit Himself pleads for us with inexpressible longings”**. (Romans 8:26)

Crown your life each day with prayer. In this way, you are a dwelling place for the Lord. Through His grace, you possess God. His image will be enthroned in the temple of your Spirit.

Please pray especially by participating in daily Mass as often as you can; offering your Rosary now, especially for world peace. Come here on Friday evenings to the Stations of the Cross. Pray with your family and your fellow parishioners and your friends. Talk to God at work, at home, in the car. (Turn off the car radio for a few minutes and talk or sing out loud to God.) Place Him at the center of your life all the time. Everyday offer the Our Father which Jesus Himself teaches us. And please pray the Hail Mary to His Holy Mother every day.

Make this personal effort to enrich your prayer life the first and most important part of your Lenten observance. Build up your personal relationship with our God in Jesus Christ, who loves us so much that He can’t ever take His eyes off us.

*God Bless,  
Father Herb*

Rice Bowls are still in the Narthex this weekend. Please bring one home for your family.  
Return them with your Lenten sacrifice in Holy Week or Easter, please.

**TITHING**

January 31-February 6, 2016                      \$19,875.21  
Same Week Last Year:                              \$16,939.24

**Words of Tithing from the Pews:**

**Words of Tithing from the Pews:**

**From the Pastor:** I thank God so often when I realize the deep faith so many of you have when you generously Tithe to our parish. You are so generous because of your faith in God, and this sign of faith affects me profoundly. Thank you so much. In this Lent, please reflect on your Tithing commitment so that it is always an act of faith in God’s care for you.

**Words of Tithing from the Pews:** “Giving” is such a special word. I hope to set a good example so that my children will learn the meaning of sharing from me.

**Thank you for your sacrifice of Tithing!**

**MASS ATTENDANCE**

Mass attendance for February 6/7: 1690

**“WELCOME HOME” MONDAY CONFESSIONS  
FOR LENT**



Confessions will be held Mondays during Lent, February 15 to March 14, from 7:00 PM-8:30 PM in every parish in the Diocese of Paterson. This is a wonderful opportunity to come to Confession as a family or to invite a friend who has not had the opportunity to go to Confession in some time. Don’t be afraid! Information will be provided. Ask the priest to help you. Experience the gracious mercy of God! [www.WelcomeHomeToHealing.org](http://www.WelcomeHomeToHealing.org).

**ADORATION CHAPEL – WE NEED ADORERS  
PLEASE COME!**



We need an Adorer for the following hours: Sunday at 2 PM, Monday at 2 PM & Saturday at 7 PM. Please consider signing up to spend an hour with Jesus or even perhaps becoming a substitute. Please call Kim Arminio if you can help – 973-402-1289.

“What I really prefer is adoration in the evening. In the evening between 7 & 8 PM, I stay in front of the Blessed Sacrament for an hour in adoration.” Pope Francis.

**SCRIPTURE READINGS FEBRUARY 15-21**

**MONDAY**      **Leviticus 19: 1-2, 11-18**  
 Gospel: **Matthew 25: 31-46**

**TUESDAY**    **Isaiah 55: 10-11**  
 Gospel: **Matthew 6: 7-15**

**WEDNESDAY**   **Jonah 3: 1-10**  
 Gospel: **Luke 11: 29-32**

**THURSDAY**    **Esther C: 12, 14-16, 23-25**  
 Gospel: **Matthew 7: 7-12**

**FRIDAY**        **Ezekiel 18: 21-28**  
 Gospel: **Matthew 5: 20-26**

**SATURDAY**    **Deuteronomy 26: 16-19**  
 Gospel: **Matthew 5: 43-48**

**SUNDAY**        **Genesis 15: 5-12, 17-18**  
**Philippians 3: 17; 4: 1**  
 Gospel: **Luke 9: 28b-36**

**SANCTUARY LAMPS/FLOWERS**



You may have the Sanctuary Candles in the Church, Chapel or Adoration Chapel burn in memory of a loved one (\$10.00 donation), roses at the Tabernacle (\$10.00 donation), or flowers at the altar (\$50.00 Donation). Please call or stop into the rectory office.

**February 14-20, 2016**

**Sanctuary Lamp in the Church** is for Robert May  
**Sanctuary Lamp in Mary’s Daily Chapel** is for the People of the Parish  
**Sanctuary Lamps in the Adoration Chapel** are for Gregory Loff, Richard Locilento, In Thanksgiving, Charles Hathaway  
**Tabernacle Roses in the Church**  
**Altar Flowers:** Catherine & Charles Stroppel

**SAVE THE DATES FOR OUR PARISH LENTEN MISSION FEBRUARY 29, MARCH 1 & 2**

Mark your calendars now for our Parish Mission:

**HOLY YEAR OF MERCY**  
 “YOU ARE PETER.” - WE ARE PETER!  
 Presented by Msgr. Chris DiLella  
 February 29, March 1 and 2  
 Details in the coming weeks.

**FEBRUARY FOOD PANTRY COLLECTION FEBRUARY 20/21**

Next weekend, February 20/21, we will be collecting food for our February food collection We need canned fruit & vegetables, hearty soups, canned stews, canned tuna & chicken, coffee & tea, side dishes, juice, cereal, pancake mix & syrup, spaghetti & sauce, peanut butter & jelly, paper products and cleaning products. Thank you for your support.

**K OF C PANCAKE BREAKFAST – MARCH 6**

The Parsippany Knights of Columbus, Council 3680, is having an all-you-can-eat pancake breakfast on Sunday March 6 from 8:30 AM to 12:00 Noon at All Saints Academy cafeteria. Pancakes, scrambled eggs, sausage, donuts, coffee, tea and orange juice. \$7/adults, \$5/senior citizens and \$3 children 4-10 years old. Children under 4/free.

**-MASS INTENTIONS FOR FEBRUARY 15-21, 2016**

**MONDAY, FEBRUARY 15, 2016**  
**6:45AM** – Connie & Al Uricoli, Special Intention for Warren Leshner, Louise & Molly Renga  
**8:00AM** – Joanne VanSteyn, Frank S. Kupin, Sr. Mary Lucy & Sr. Winifred Denise  
**7:00PM** – Joanne VanSteyn, Joseph Azzarelli, Special Intention for Linda Franchino

**TUESDAY, FEBRUARY 16, 2016**  
**6:45AM** – Uricoli, Franchino & Renga Families  
**8:00AM** – Crystal Bankosz (1<sup>st</sup> Anniv.), Special Intention for Barbara & Warren Leshner, Special Intention for Linda Franchino  
**7:00PM** – Peg and Nick Brady

**WEDNESDAY, FEBRUARY 17, 2016-The Seven Holy Founders Of the Servite Order**  
**6:45AM** – Robert Portada (7<sup>th</sup> Anniv.)  
**8:00AM** – Special Intention for Rosario Santiago  
**7:00PM** – Stephanie Semienick

**THURSDAY, FEBRUARY 18, 2016**  
**6:45AM** – People of the Parish  
**8:00AM** – Edward J. Tuite  
**7:00PM** – Cresenzo DiLella

**FRIDAY, FEBRUARY 19, 2016**  
**6:45AM** – Special Intention for our Priests & Deacons  
**8:00AM** – Special Intention for Rev. William Santeliz  
**7:00PM** – Sam Zarra

**SATURDAY, FEBRUARY 20, 2016**  
**8:00AM** – Cornelia Berzinski, Enrico Ferrera, Phito Pierre-Louis (1<sup>st</sup> Anniv.)  
**5:30PM** –Nicole DeBenedetto, John Borkowski, Edward Drozd  
**7:00PM** - Clara Lopez, Virginia Camara deViera, Antonio & Javier Palacio

**SUNDAY, FEBRUARY 21, 2016 – 2nd Sunday of Lent**  
**7:30 AM** – Timothy Kulig  
**9:00 AM** – Cresenzo DiLella, Cornelia Berzinski, Helen Clayton  
**10:30 AM** – Jean Jackson, Mary Toltl, Connor Cummings  
**12:00 PM** – Louis Santora (1<sup>st</sup> Anniv.), James Cox, Katherine Steiner  
**7:00PM** – George Sowinski, Antoinette Giammarco, Frank Guarino

**ADULT FAITH FORMATION – ON LINE - YOUR PERSONAL LENTEN FAITH FORMATION**

Lent is just around the corner! Lent starts very early this year – Ash Wednesday is February 10<sup>th</sup>.  
 When we think about Lent, many of us ponder, “*What should I do for Lent this Year? What should I give up?*” What if I told you, “**Don’t give up chocolate, desserts or some other favorite food. Instead, do something more permanent – do something life-changing!**”  
 Lent isn’t just about giving up something; it’s about transforming of our lives to become a better person and to build a better relationship with the Lord. This Lent you can participate in a program called “**THE BEST LENT EVER**”, from Dynamic Catholic. Each day during Lent, you will receive an inspirational email with a short video showing simple ways to bring Jesus into your everyday life. And the best part of the program is that it is **FREE** – all you have to do is sign up at [DynamicCatholic.com/Lent](http://DynamicCatholic.com/Lent). Do something life-changing this Lent. Take this 40-day spiritual journey to encounter Jesus and yourself. Participate in “**THE BEST LENT EVER.**”

**MARTHA MINISTRY**

**THURSDAY, FEBRUARY 19, 2016– TEAM 2**  
 Pat Sherlock, Mary Ellen Dinsmore,  
 Marge O’Hara, Lucille Sherwood

**THIS WEEK IN OUR PARISH – FEBRUARY 14-20, 2016**

**SUNDAY, FEBRUARY 14, 2016**

Simple Meal Sign-up - Narthex  
8:00AM – Men’s Basketball – Parish Center  
9:00AM – Children’s Gospel Program – Church Hall  
10:15AM – Sunday CCD - School  
12:30PM – CYO Basketball – Parish Center  
4:30PM – Indian Community Mass – Church/Church Hall  
5:30PM – 10<sup>th</sup> Grade Class - Chapel

**MONDAY, FEBRUARY 15, 2016**

11:00AM – Golden Age Club – Community Center  
6:00PM – CYO Basketball – Parish Center  
**7:00PM – Reconciliation (Confession) - Church**  
7:00 PM – R.C.I.A. – Rectory  
7:30PM – S.I.N.E. – 7<sup>th</sup> Grade Classroom

**TUESDAY, FEBRUARY 16, 2016**

8:00AM – ASA Finance Meeting - Rectory  
10:00AM – Peanuts Playgroup – Church Hall  
1:30PM – Parish Finance Meeting - Rectory  
4:00PM – Children’s Choir – Church/Church Hall  
6:45PM – Recitation of Rosary – Chapel  
7:00PM – Rosary Society Mass/Meeting – Chapel/Church Hall  
7:30PM – Bereavement Support Group - Convent

**WEDNESDAY, FEBRUARY 17, 2016**

6:00PM – CYO Basketball – Parish Center  
7:00PM – Boy Scout Troop #72 – Cafeteria  
7:30PM – Spanish Bible Class – 7<sup>th</sup> Grade Classroom  
7:30PM – Adult Bible Sharing – Church Hall

**THURSDAY, FEBRUARY 18, 2016**

6:00PM – CYO Basketball – Parish Center  
7:30PM – Spanish Choir – Chapel  
7:30PM – Adult Choir – Church/Church Hall  
8:30PM – Men’s Basketball – Parish Center

**FRIDAY, FEBRUARY 19, 2016, 2016**

6:00PM – Simple Lenten Meal – Church Hall  
6:00PM – Begin Again - Convent  
6:00PM – CYO Basketball – Parish Center  
6:30PM – Girl Scout Troop 96097 – CCD Office  
**7:30PM – Stations of the Cross –English – Church**  
7:30PM – Spanish Prayer Group – Chapel

**8:15PM – Stations of the Cross – Spanish - Church**

**SATURDAY, FEBRUARY 20, 2016**

8:00AM – Rosary Society Day of Reflection – Church Hall  
8:30AM – Polish School – School  
1:00PM – CYO Basketball – Parish Center  
4:00PM – Confessions – Church  
4:30PM – Spanish Baptism Preparation Class – Church Hall  
5:30PM – Food Pantry Collection – Narthex  
5:30PM – Blessing of Expectant Parents - Church  
7:30PM – AA – Church Hall  
8:00PM – Indian Sports – Parish Center

**JOURNEY THROUGH GRIEF TO HEALING**

**BEREAVEMENT SUPPORT GROUP – FEB. 16-MARCH 29**

The death of a loved one is the most difficult life experiences one can have. Often sharing with others helps us cope with the myriad of emotions we are experiencing. St. Peter’s is offering a Bereavement Support Group to journey with those who have lost a loved one. **The group is gathering on Tuesdays for 6 weeks starting on Feb. 16<sup>th</sup> from 7:30-9 PM in the Convent.** The weekly sessions will include:

- the grieving process
- how to cope with life changes
- how to cope with my feelings
- dealing with the holidays
- the gift of memories

How grief affects my relationship with God.

If you know of someone who would find our group helpful, please invite them if you have any questions, kindly call Sr. Sylvia at 973-334-2090.

*For everything there is a season and a time for every purpose*

*under heaven...*

*...a time to born*

*Ashlan Elaina Ercolini, Adriana Lella Gonzalez,*

*Mason Edward Markowski*

*...a time to die*

*Robert May*

*...a time to heal*

*Fr. Babu, Fr. William Santeliz, Paul Ryan,*

*Joan Franke, Sue Thorpe, Elva Wheelwright,*

*Arturo Mendez Nino*

*...a time to love*

*“...and a time of peace.” Ecclesiastes 3:11*

**BINGO**

**FEBRUARY 14, 2016 – BINGO**

**TEAM A – JOHN CASTIGLIONE**

**POWERBALL #1 \$500 POWERBALL #2 500**

**POWERBALL #3 \$29.00**

**LET’S GO THIS SPRING TO**

**SPAIN, FRANCE & ITALY APRIL 11-21, 2016**

**TRIP MEETING – FEBRUARY 26**

Our parish is sponsoring a European trip to the exciting city of Barcelona, Spain and then on to Lourdes, where Mary visited with Saint Bernadette. We travel to Nice and visit Monte Carlo from there. Leaving France, we go to Northern Italy to Stresa on Lake Maggiore the Italian/Swiss Lake district. After a full day visiting islands at Lake Maggiore, we go to Milan for our last full day. The next morning we fly home from Milan. Many places on this itinerary we have probably never visited before.

Please call or stop at the Rectory for a beautiful trip brochure. Please speak directly with the travel agency, Nuovo Tours at 973-882-0021, if you wish. **There will be a meeting for all those who have signed up or who are interested in the trip on Friday, February 26<sup>th</sup> at 7:30 PM in the Church Hall. Bring your questions, too!**

**SAINT PETER’S GOLDEN AGE-FEBRUARY 15**

Saint Peter’s Golden Age will meet at the Community Center on **Monday, February 15** at 11:00 AM – All are welcome!

**ALL SAINTS ACADEMY CORNER**

Open Enrollment

All Saints Academy welcomes all prospective students and their families that seek the academic, spiritual and social opportunities that exist uniquely in our school community. All Saints Academy is a nationally recognized STEM school of the Diocese of Paterson. Our school offers a comprehensive, multi-curricular, rigorous academic program, centered on values-based education. A strong and loving Catholic identity permeates the environment. A spirit of faith, respect and joy are evident in our school. In addition to religious instruction, students model Christian ideals through cooperative activities, spiritual and liturgical celebrations, participation in Sacraments, and service outreach. An active parent organization lends partnership and support to the school community. The Early Childhood Center offers classes for three and four year old children. The elementary and middle school classes include kindergarten through grade eight. Consider having your child (grades 2-7) visit for a Shadow Day. It is a great opportunity to spend a day at ASA and learn more about our programs and community. Contact our school principal, Mrs. Judy Berg, at 973-334-4704, to schedule a tour and classroom visit.

**ALTAR SERVERS – FEBRUARY 20/21, 2016**

5:30PM – Cattani, Colantoni, Sebastian  
7:30AM – Torres  
9:00AM – Terhune, Ellicott, Ellicott  
10:30AM – Mersing, Mersing  
12:00PM – Munoz, Munoz, Marshall  
7:00PM – Wilson, Wilson

**Youth News**

Contact John Cammarata at  
[spayouthminister@gmail.com](mailto:spayouthminister@gmail.com)

Search Closing Mass – February 7 – 4:00 PM - Church

Please visit [www.facebook.com/spayouthministry](http://www.facebook.com/spayouthministry)

**NEW EXTRAORDINARY MINISTER TRAINING  
TUESDAY, FEBRUARY 23RD**

We will be training new Extraordinary Ministers of Holy Communion on February 23<sup>rd</sup> in church after the 7:00PM Lenten Mass. We will begin at approximately 7:30PM and end at 9:00 PM. Please call Deacon Bob at 973-887-5057 or e-mail at [ralife8@aol.com](mailto:ralife8@aol.com) for information.

**WOMEN’S DAY OF REFLECTION – FEBRUARY 20**

Saint Peter’s Rosary/Altar Society will be hosting a Women’s Day of Reflection on February 20, 2016. The speaker will be Bud MacFarlane, M.I. The program will begin with Mass at 8 AM in Our Lady’s Chapel. Please contact Liz Dennis for reservations at 973-335-4091. A continental breakfast will be served.

**PIZZA NIGHTS WITH THE BISHOP – MARCH 1 & 17**

The original date of February 1<sup>st</sup> for Pizza with the Bishop has been cancelled and is rescheduled for Tuesday, March 1 at 7:00 PM at Morris Catholic. The next Pizza Night with Bishop will be held on Thursday, March 17 at 7 PM at Pope John XXIII High School in Sparta. All young men of high school age are invited to participate in the evening of prayer, discussion and fraternity with Bishop Serratelli and other young men as well as priests from around the diocese. If you know of someone who may be interested, please ask them to call the Vocation Office at 973-777-8818, ext. 711 or by email at [jbrogan@patersondiocese.org](mailto:jbrogan@patersondiocese.org).

**MORRIS CATHOLIC SPRING AUCTION  
MARCH 12TH**

Morris Catholic High School will be conducting its 26<sup>th</sup> Spring Auction on Saturday, March 12 at the Hanover Marriott. Tickets are \$75. Msgr. Raymond Kupke will be the honoree. For reservations, contact [fuite@morriscatholic.org](mailto:fuite@morriscatholic.org).

**MOUNT ST. DOMINIC’S OPEN HOUSE**

Open House for 7<sup>th</sup> & 8<sup>th</sup> grade girls and their families on February 25<sup>th</sup> starting at 6:30 PM. 3 Ryerson Avenue, Caldwell, NJ 07006. Questions: call 973-226-0660 ext. 1122.

**OUTREACH CORNER**

A parishioner needs a ride to the 5:30 PM Mass on Saturday; please call the Rectory if you can help. Thank you.  
A parishioner is looking for a full bed, couch & love seat. Please call the Rectory.  
Do you have a book shelf you can donate to the Rectory. Please call 973-334-2090 if you can help.

**SAINT PETER’S BOOK CLUB**

Saint Peter’s Book Club will meet on Monday, April 18, 2016 at 7:30 PM in the Church Hall. We will discuss the book, *The Light Between Oceans* by M. L. Stedman. Coffee and dessert will be served. Everyone is welcome to join us.

**RITE OF ELECTION – TODAY**

Today our parish will send our Catechumens, Raquel Sanquez and Christopher Jezewski to St. Philip the Apostle Parish to celebrate the Rite of Election with Bishop Serratelli, Based on the testimony given by our RCIA Team of their readiness for the sacraments, the Bishop will declare the catechumens to be elect, chosen by God for the sacraments this Easter. We celebrate what God has done and is doing in them. It is the fruit of God’s action that gives evidence that they are truly chosen by God for the sacraments of Baptism, Confirmation and Eucharist.

**HOLY YEAR OF MERCY – RANDOM ACTS OF  
MERCY & KINDNESS DURING LENT**

Our Holy Father, Pope Francis, has asked us to become more aware of the many small and sometimes unnoticed opportunities we have to extend kindness and mercy to others... walking the extra mile... going out of our way. This can begin with our family, friends, neighborhood and beyond. **Each weekend during Lent before Mass, a basket and notebook paper will be on a table as you enter church. Take a minute to briefly jot down a Random Act of Kindness/Mercy you have done or received and place it in the basket. You may also write your Random Act of Kindness at home on a 3 x 3 paper and bring it to church. When the gifts of Bread and Wine are brought to the altar, our acts of Mercy and Kindness will accompany them.** This is a beautiful way to keep focused on Jesus all during Lent, and serve as a reminder that He is always in our midst in the presence of others.

**ADORATION PARKING**

Please be advised that the designated parking spaces in front of the Adoration Chapel are for an adorer scheduled to be at the Chapel. When attending Mass, please do not park in the adoration parking spots. Thank you for your cooperation.

**FINAL FOUR BEEFSTEAK DINNER – APRIL 2**

Join us for a full beefsteak dinner (catered by The Brownstone Restaurant). Includes Cold Antipasto, Pasta, Filet Mignon, Fries, Dessert, Soda and Coffee. BYOB. The NCAA Final Four games will be shown on a huge 144” screen. There will be a 50/50 and additional Raffles available during the event.

**Date:** April 2, 2016 (Doors open one hour before first game. Dinner served 6:30 PM). **Where:** Parish Center, 189 Baldwin Road, Parsippany. **Cost:** \$50/person

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/Zip: \_\_\_\_\_

Email \_\_\_\_\_

Phone: \_\_\_\_\_

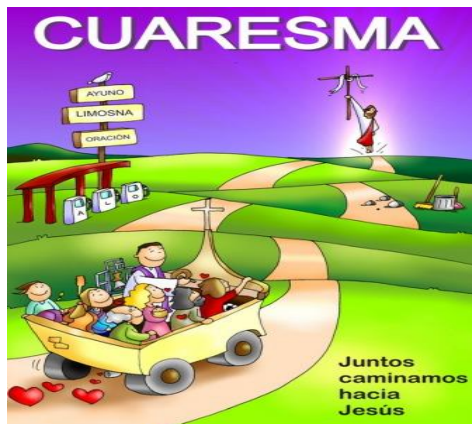
#of Tickets \_\_\_\_\_ x \$50 = \_\_\_\_\_

**RSVP NO LATER THAN TUESDAY, MARCH 29, 2016**

# Hablando español en San Pedro Apóstol

domingo, 14 de febrero de 2016

## Primer Domingo de Cuaresma



### Horario de las Misas:

lunes a viernes: 6:45am y 8:00 am en inglés  
sábado: 5:30 pm en inglés y 7:00 pm en español  
domingo: 7:30 am, 9:00 am, 10:30 am, 12 m y 7:00 pm en inglés

### Confesiones:

sábado: 4:00 a 5:00 pm  
lunes: 7:00 a 8:30 pm (durante la Cuaresma)

### Mensaje del párroco:

#### “Cuando usted ora” Oración – vivir nuestra unión con Dios cada día

Nuestro Evangelio del Miércoles de Ceniza es Mateo 6, 1-18, donde Jesús nos invita a la **oración, ayuno y limosnas**; el corazón y alma de lo que respetamos en la Cuaresma, los tres pilares. Comenzamos reflexionando en la ORACION, el primer y más importante pilar de la Cuaresma. “Cuando usted ora” Mateo 6,5. Jesús nos dijo.

Oración, es la simple amorosa conversación con Dios, es un bien supremo: es experimentar y nutrir nuestra relación, nuestra unión con Dios. Cuando nuestro espíritu está intencionado hacia Dios, está iluminado por Su infinita luz. Queremos decir la oración que nos sale del corazón la cual hacemos no solo en momentos programados, pero la que surge espontáneamente durante el día o la noche, cuando pensamos en Dios y le hablamos y pasamos un tiempo con El, informal e íntimamente.

Podemos recurrir a Dios cuando trabajamos, atendemos a nuestras familias, o hacemos actos de caridad. Trate de pensar y llamar a Dios frecuentemente, porque ésto sazonará nuestro trabajo y nuestros esfuerzos con la sal del amor de Dios. Cualquier cosa que hagamos se convierte en una ofrenda directa a Dios. Durante toda nuestras vidas disfrutaremos los beneficios que vienen de la oración, si le dedicamos el mayor tiempo posible. Gradualmente, nos sintonizamos mejor a la tremenda verdad, que el Dios que buscamos ya habita en nosotros todo el tiempo. Nuestra oración nos ayuda a darnos cuenta de éso en nuestra experiencia diaria.

La oración es la luz del espíritu, es el real conocimiento de Dios. La oración da alegría al espíritu y paz al corazón, aún cuando las cosas no nos van bien. Nuestra oración se convierte en una nostalgia por Dios, casi imposible de poner en palabras. Nos damos cuenta que nuestra nostalgia por El es una gracia de Dios y no algo que hacemos. Es Su amor trabajando dentro de nosotros, antes de que nos demos cuenta.

Algunas veces no sabemos cómo orar ni si lo estamos haciendo bien. Sí, a veces nuestra oración parece tan inadecuada. Pero no se preocupe porque el Espíritu Santo está en cada uno de nosotros. El transforma nuestras a veces distraídas palabras y pensamientos, en preciosos regalos que le ofrecemos a Dios. El apóstol, Pablo, dice: **“Igualmente, el Espíritu viene en ayuda de nuestra flaqueza, porque no sabemos lo que nos conviene, pero el mismo Espíritu intercede por nosotros con gemidos indecibles.”** (Romanos 8, 26)

Corone su vida cada día con oración. De esta manera, somos un lugar perfecto para que viva el Señor. A través de Su gracia, usted posee a Dios. Su imagen estará entronada en el templo de su espíritu.

Por favor, ore especialmente participando de la Misa diaria lo más frecuente posible, ofreciendo su Rosario por la paz del mundo. Viniendo los viernes en la noche al Via Crucis. Ore con su familia, los feligreses y sus amigos. Háblele a Dios en su trabajo, en la casa, en el carro. (Apague el radio del carro por un rato y simplemente hable o cante a Dios en voz alta.) Colóquelo en el centro de su vida todo el tiempo. Rece el Padrenuestro todos los días, lo cual Jesús mismo nos enseñó. También ofrezca por favor, un Avemaría a Su Santa Madre todos los días.

Haga este esfuerzo personal de enriquecer su vida con oración, la primera y más importante práctica en la Cuaresma. Construya su relación personal con nuestro Dios en Jesucristo, quien nos ama tanto, que no nos puede quitar los ojos de encima.

Dios los bendiga,

*Padre Herb*

Los Platos de Arroz todavía están disponibles en la entrada de la iglesia. Por favor lleve uno a su casa para su familia, y devuélvalos con su sacrificio cuaresmal en Semana Santa o Pascua.

### PREVENCIÓN DE LA TRATA DE PERSONAS Y LA ESCLAVITUD

**Atención.** El 8 de febrero es el día de Santa Josefina Bakhita, una niña sudanesa que fue esclavizada a la edad de 7 y fue llamada por su captor: *Bakhita*, “Afortunada”. Ella experimentó las humillaciones físicas y morales de la esclavitud. Santa Bakhita, fue canonizada en el 2000 y es considerada la patrona de los niños secuestrados y de las víctimas de la trata. Oremos a Santa Bakhita para que proteja a los niños, especialmente aquellos que son explotados sexualmente o como mano de obra. Para recursos de oración, visite: [sisteragainsttrafficking.org](http://sisteragainsttrafficking.org). *Poner fin a la esclavitud es un trabajo de todos.*



COME JOIN US FOR OUR  
**LENTEN SIMPLE MEAL**  
**FRIDAYS – Between 6:00 & 8:00 PM**

FAMILY NAME \_\_\_\_\_

FEB. 12<sup>TH</sup> Number of Adults \_\_\_\_\_ Number of Children \_\_\_\_\_

FEB. 19<sup>TH</sup> Number of Adults \_\_\_\_\_ Number of Children \_\_\_\_\_

MAR. 4<sup>TH</sup> Number of Adults \_\_\_\_\_ Number of Children \_\_\_\_\_

MAR. 11<sup>TH</sup> Number of Adults \_\_\_\_\_ Number of Children \_\_\_\_\_

MAR. 18<sup>TH</sup> Number of Adults \_\_\_\_\_ Number of Children \_\_\_\_\_





# Saint Peter the Apostle FISH 'N' CHIPS

Prepared by our own culinary trained chef, John Cammarata, and  
Served by our Youth Group

Friday, February 26, 2016

5:00 - 8:00pm in School Cafeteria

Cost: Adults - \$15 – Children under 10yrs - \$10  
under 3yrs eat free.

Dinner includes: Homemade Battered Fried Fish or Chicken  
Tenders, Fries, homemade coleslaw, fresh made donuts and drinks.

Complete the order form below and return it to the Rectory.

179 Baldwin Road, Parsippany NJ 07054

Deadline for orders is February 19, 2016 (no refunds)

## ORDER FORM

-----  
Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

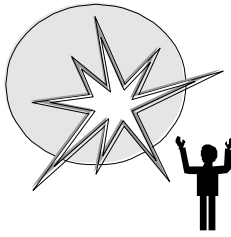
\_\_\_\_\_ # of Adult Fish Dinners \_\_\_\_\_ # of Adult Chicken Dinners x \$15= \_\_\_\_\_

\_\_\_\_\_ # of Child Fish Dinners \_\_\_\_\_ # of Child Chicken Dinners x \$10= \_\_\_\_\_

Please Check one: Dine In \_\_\_\_\_ Take Out \_\_\_\_\_

Checks made payable to Saint Peter the Apostle Church

# Journey Through Grief To Healing



## BEREAVEMENT SUPPORT GROUP

*The purpose of the group is to support those who have experienced the death of a loved one. In a warm and caring atmosphere we will explore ways to better understand and cope with our grief through sharing and discussion. The group meets for six sessions.*

**DATES: FEBRUARY 16 – MARCH 22**

**DAY: TUESDAYS**

**PLACE: SAINT PETER THE APOSTLE CONVENT  
189 BALDWIN ROAD  
PARSIPPANY, NJ 07054**

**TIME: 7:30 – 9:00 P.M.**

**FACILITATOR: SISTER SYLVIA BERZINSKI, SSC**

*FOR MORE INFORMATION CALL 973-334-2090*

