# SUNDAY, FEBRUARY 21, 2016 SECOND SUNDAY OF L ENT JESUS CALLS US TO FAST

The second great Lenten challenge Jesus gives us on Ash Wednesday is His call to **fast**. Jesus says, "When you fast, you are not to look glum as the hypocrites do". Matthew 6:16

**Fasting** and abstinence from meat have been the tradition and law of the Church through the centuries. Today, the Church asks us to choose ways of **fasting** tailored to our own situation. In a way, that makes **fasting** harder. It is easier to **fast** if the church will only tell us exactly what to do. The Church asks us to take on more personal responsibility for our personal **fasting** decisions. But still we must **fast!** 

The present law calls us to observe Fridays, especially these Fridays of Lent, as days of penance. We should not eat meat on Friday. For Lent, we should not eat between meals and we should take modest meals, especially on Fridays. Ash Wednesday and Good Friday are the most sacred of these days. But if personal health makes this impossible, we should do some other acts of charity or penance **instead**.

Here is where personal responsibility comes in. For example, when people ask for a Friday dispensation in Lent because they must participate in a festive function, we ask them **instead** to do a special act of charity, to choose a different form of **fasting** rather than ignoring our responsibility to **fast**. There are ways of **fasting** besides giving up meat or food.

There are Lenten traditions to give up smoking, alcohol or sweets. These practices also combat habits that may damage our health and exercise a certain bad control in our lives.

The Church encourages us to not eat between meals during Lent. Doctors say this is good for our health. Many of us know how hard that is. But we turn that discomfort into a prayer by telling Jesus we are making this sacrifice for love of Him and for love of people who need our help. That little prayer, that kind of thinking can help us see how we should do more to help people. When we feel deprived by our **fasting**, even a little, try to remember people who are deprived every day not by their choice, but by very difficult circumstances in their lives. Our **fasting** is only a small suffering. It frees us, even a little, from pampering ourselves so that we can recognize and help fight the serious suffering of others. **Fasting** can help us in our struggles with addictive behaviors that can often weigh us down and imprison our minds and hearts.

**Fasting,** whether it is giving up food, walking away from excessive TV or the internet; whether it be controlling our tongues from foul language or gossiping; by using money we save when we fast for more generous almsgiving; or giving our entertainment time instead to people we love or who need us; or giving this time to God in prayer and reading the bible – in whatever form – our **fasting** has the purpose of turning our bodies and hearts towards Jesus in more prayer, in greater alms giving generosity and service, and, very importantly, coming home to Jesus in the Sacrament of Reconciliation, in Confession, so that He may forgive our selfishness and sin as we forgive others.

Please embrace **Fasting for Lent!** It will free you up and bring you closer to Our Lord and to your brothers and sisters who need you very much. May our Lenten **Prayer, Almsgiving** and **Fasting** all lead us to come to one of our Saturday afternoon or Monday evening Confessions to "Be Reconciled to God" 2 Cor. 5:20, before we celebrate the Easter Triduum.

God Bless, Father Herb

## **TITHING**

February 7-13, 2016 Same Week Last Year: \$19,358.00 \$16,801.00

## **Words of Tithing from the Pews**:

**From the Pastor:** Like many things in life, giving is a learned habit. As we give of our time, talent and financial resources to support God's good works in our parish, we learn the joy of this spiritual practice. As we experience the blessing of giving, we find ourselves giving more.

Words of Tithing from the Pews: Tithing has been my blessing. Returning to God part of my income made me realize that I must give more of my time to people around me. Doing this has been rewarding here and hopefully hereafter.

Thank you for your sacrifice of Tithing!

#### MASS ATTENDANCE



Mass attendance for February 13/14: 1542

# "WELCOME HOME" THIS MONDAY CONFESSIONS FOR LENT-7:00PM-8:30PM



Confessions will be held Mondays during Lent, February 15 to March 14, from 7:00 PM-8:30 PM in every parish in the Diocese of Paterson This is a wonderful opportunity to come to Confession as a

family or to invite a friend who has not had the opportunity to go to Confession in some time. Don't be afraid! Information will be provided. Ask the priest to help you. Experience the gracious mercy of God! www.WelcomeHomeToHealing.org.

# ADORATION CHAPEL-ADORERS ESPECIALLY SATURDAY, SUNDAY & MONDAY PLEASE COME!



We need an Adorer for the following hours: Sunday at 2 PM, Monday at 2 PM & Saturday at 7 PM. Please consider signing up to spend an hour with Jesus or even perhaps becoming a substitute. Please call Kim Arminio if you can help – 973-402-1289.

"What I really prefer is adoration in the evening. In the evening between 7 & 8 PM, I stay in front of the Blessed Sacrament for an hour in adoration." Pope Francis.

**SCRIPTURE READINGS FEBRUARY 22-28** 

MONDAY 1 Peter 5: 1-4

Gospel: **Matthew 16: 13-19** 

TUESDAY Isaiah 1: 10, 16-20

Gospel: Matthew 23: 1-12

WEDNESDAY Jeremiah 18: 18-20

Gospel: Matthew 20: 17-28

THURSDAY Jeremiah 17: 5-10

Gospel: Luke 16: 19-31

FRIDAY Genesis 37: 3-4, 12-13a, 17b-28a

Gospel: Matthew 21: 33-43, 45-46

**SATURDAY** Micah 7: 14-15, 18-20

Gospel: Luke 15: 1-3, 11-32 Exodus 3: 1-8a, 13-15

1 Corinthians 10: 1-6, 10-12

Gospel: Luke 13: 1-9

#### SANCTUARY LAMPS/FLOWERS



**SUNDAY** 

You may have the Sanctuary Candles in the Church, Chapel or Adoration Chapel burn in memory of a loved one (\$10.00 donation), roses at the Tabernacle (\$10.00 donation), or flowers at the altar (\$50.00 Donation). Please call or stop into the rectory office.

#### February 21-27, 2016

Sanctuary Lamp in the Church is for Philomena Antinora Sanctuary Lamp in Mary's Daily Chapel is for Philomena Antinora

Sanctuary Lamps in the Adoration Chapel are for Gregory Loff, Philomena Antinora, Bernard Dennis, In Thanksgiving Tabernacle Roses in the Church:

Altar Flowers:

# SAVE THE DATES FOR OUR

PARISH LENTEN MISSION-NEXT WEEK

MONDAY, FEBRUARY 29-7:30PM, TUESDAY,

MARCH 1-7:30PM & WEDNESDAY, & MARCH 2-7:00PM

Mark your calendars now for our Parish Mission:

HOLY YEAR OF MERCY "YOU ARE PETER." - WE ARE PETER!

Presented by Msgr. Chris DiLella

February 29, March 1 and 2 It's Almost Here!

## FEBRUARY FOOD PANTRY COLLECTION THIS WEEKEND FEBRUARY 20/21

This weekend, February 20/21, we are collecting food for our February food collection We need canned fruits & vegetables, hearty soups, canned stews, canned tuna & chicken, coffee & tea, side dishes, juice, cereal, pancake mix & syrup, pasta & sauce, peanut butter & jelly, paper products and cleaning products. Thank you for your support.

# K OF C PANCAKE BREAKFAST – MARCH 6

The Parsippany Knights of Columbus, Council 3680, is having an all-you-can-eat pancake breakfast on Sunday March 6 from 8:30 AM to 12:00 Noon at All Saints Academy cafeteria. Pancakes, scrambled eggs, sausage, donuts, coffee, tea and orange juice. \$7/adults, \$5/senior citizens and \$3 children 4-10 years old. Children under 4/free.

## **MASS INTENTIONS FOR FEBRUARY 22-28, 2016**

MONDAY, FEBRUARY 22, 2016-The Chair of St. Peter the

Apostle – Our Parish Patron 6:45AM – Cornelia Berzinski 8:00AM – Marian Skelly 7:00PM – Marilyn Kalfian

TUESDAY, FEBRUARY 23, 2016-St. Polycarp, Bishop &

Martyr

**6:45AM** – People of the Parish

**8:00AM** – Special Intention for Rosario Santiago **7:00PM** – Jose Manzano, Sr., Cresenzo DiLella

WEDNESDAY, FEBRUARY 24, 2016

6:45AM - Deceased Priests of the Parish

8:00AM – Van D. Goodsell, Jr.

**7:00PM** – Deceased Deacons of the Parish **THURSDAY**, **FEBRUARY 25**, **2016** 

6:45AM - Rita & Cresenzo DiLella

**8:00AM** – Francesco Varrone, Philomena Antinora (2<sup>nd</sup> Anniv.),

Christopher Arayata

7:00PM - Michael Styranec. Maurice Gilbert

FRIDAY, FEBRUARY 26, 2016

**6:45AM** – Carl J. Castellano

8:00AM - Irene VanHorn, Alfred Schoeph

7:00PM – Kathleen Tillyer

SATURDAY, FEBRUARY 27, 2016

8:00AM – Patricia Behnke

**5:30PM** –Nicole DeBenedetto, Rita Romanowski (3<sup>rd</sup> Anniv.)

Robert Zafonte

**7:00PM** – Ruth Rosa Martinez, Florian Sanchez, Maria Margarita Hincapie (1<sup>st</sup> Anniv.)

SUNDAY, FEBRUARY 28, 2016 - 3rd Sunday of Lent

7:30 AM – Francis Cicetti (14<sup>th</sup> Anniv.)

9:00 AM – Arnulfo Cano, Rita & William Ockenhouse, Robert

T. Larkin

10:30 AM – Jean Jackson, Pat Conti, William McManus

12:00 PM – Stephen Resko, Fred Chamberlin, Mary Lubrano

7:00PM – Dolores A. Walter, Florence McGinley Frank Guarino

# BAD WEATHER COLLECTIONS THANK YOU FOR MAKING UP YOUR OFFERING

This year in 2016 we have already experienced the great blizzard weekend and last weekend's extremely cold polar blast. Many of us were legitimately unable to come to Mass on one or both of these difficult weekends because of the dangerous weather conditions. It is always important to be careful and prudent when such weather events happen. Naturally, of course, this put quite a big dent in our parish collection contributions on both of these severe weekends. So we thank our many parishioners who generously made up your weekly donation on the weekends after these weather emergencies. We have to spend a lot of money on these weekends to do a good job cleaning the snow and preventing ice from endangering you here at the parish. We lose major collection contributions because of the weather and we spend more money for storm clean up. So your kindness to remember and contribute your weekly offering afterwards for the weeks you had to stay home is a very big help so that we can pay for both our regular weekly expenses and the storm clean up expenses. Thank you again for being so aware and responsive to these emergency situations. Your generous response makes all the difference.

# **MARTHA MINISTRY**

## THURSDAY, FEBRUARY 26, 2016-TEAM 3

Anne Monahan, Claudette Pavel, Carol Wilkes, Daphne Pucilowski

#### THIS WEEK IN OUR PARISH – FEBRUARY 21-27, 2016

#### SUNDAY, FEBRUARY 21, 2016

Simple Meal Sign-up - Narthex

Food Pantry Collection - Narthex

8:00AM - Men's Basketball - Parish Center

9:00AM – Children's Gospel Program – Church Hall

12:30PM - CYO Basketball - Parish Center

3:00PM - Filipino Community Mass - Church/Church Hall

#### **MONDAY, FEBRUARY 22, 2016**

10:30AM - Parish Staff Meeting - Rectory

4:15PM - Monday CCD - School

6:00PM - CYO Basketball - Parish Center

7:00PM - Reconciliation (Confession) - Church

7:00 PM - R.C.I.A. - Rectory

#### **TUESDAY, FEBRUARY 23, 2016**

10:00AM - Peanuts Playgroup - Church Hall

11:00AM - Care One Communion/Prayer Service - Deacon Peter

4:00PM - Children's Choir - Church/Church Hall

6:00PM - CYO Basketball - Parish Center

7:15PM - Tuesday CCD - School

7:30PM – Eucharistic Minister Training - Church

7:30PM - Bereavement Support Group - Convent

#### **WEDNESDAY, FEBRUARY 24, 2016**

6:00PM - ASA Family STEM Night - Parish Center/Cafeteria

7:30PM - AOH - Church Hall

7:30PM - Adult Bible Sharing - Convent

#### THURSDAY, FEBRUARY 25, 2016

6:00PM - CYO Basketball - Parish Center

7:30PM – Spanish Choir – Chapel

7:30PM – Adult Choir – Church/Church Hall

8:30PM – Men's Basketball – Parish Center

#### FRIDAY, FEBRUARY 26, 2016, 2016

2:00PM - Fish'n'Chips Set Up - School Kitchen/Cafeteria

5:00PM – Fish'n' Chips – School Cafeteria

7:30PM - Stations of the Cross - English - Church

7:30PM – Spanish Prayer Group – Chapel

8:15PM – Stations of the Cross – Spanish - Church

## SATURDAY, FEBRUARY 27, 2016

8:30AM - Polish School - School

1:00PM - CYO Basketball - Parish Center

4:00PM - Confessions - Church

5:30PM – Msgr. Chris to Speak on Parish Mission At Mass

5:30PM – Blessing of Expectant Parents - Church

7:30PM – AA – Church Hall

8:00PM – Indian Sports – Parish Center

#### JOURNEY THROUGH GRIEF TO HEALING BEREAVEMENT SUPPORT GROUP – FEB. 23-MARCH 29

The death of a loved one is the most difficult life experiences one can have. Often sharing with others helps us cope with the myriad of emotions we are experiencing. St. Peter's is offering a Bereavement Support Group to journey with those who have lost a loved one. The group is gathering on Tuesdays for 6 weeks (excluding March 1<sup>st</sup> for our Parish Mission) starting this week on Feb. 23<sup>rd</sup> from 7:30-9 PM in the Convent. The weekly sessions will include:

- the grieving process
- how to cope with life changes
- how to cope with my feelings
- dealing with the holidays
  - the gift of memories

How grief affects my relationship with God.

If you know of someone who would find our group helpful, please invite them of you have any questions, kindly call Sr. Sylvia at 973-334-2090.

# For everything there is a season and a time for every purpose under heaven...

...a time to born ...a time to die

...a time to heal
Fr. Babu, Fr. William Santeliz, Lisa Calabrese
...a time to love
"...and a time of peace." Ecclesiastes 3:11

#### **BINGO**

FEBRUARY 21, 2016 – BINGO
TEAM B – BARBARA RYAN
POWERBALL #1 \$500 POWERBALL #2 \$500
POWERBALL #3 \$176

#### LET'S GO THIS SPRING TO SPAIN, FRANCE & ITALY APRIL 11-21, 2016 TRIP MEETING – THIS FRIDAY, FEBRUARY 26-7:30 PM

Our parish is sponsoring a European trip to the exciting city of Barcelona, Spain and then on to Lourdes, where Mary visited with Saint Bernadette. We travel to Nice and visit Monte Carlo from there. Leaving France, we go to Northern Italy to Stresa on Lake Maggiore the Italian/Swiss Lake district. After a full day visiting islands at Lake Maggiore, we go to Milan for our last full day. The next morning we fly home from Milan. Many places on this itinerary we have probably never visited before.

Please call or stop at the Rectory for a beautiful trip brochure. Please speak directly with the travel agency, Nuovo Tours at 973-882-0021, if you wish. There will be a meeting for all those who have signed up or who are interested in the trip on Friday, February 26<sup>th</sup> at 7:30 PM in the Church Hall. Bring your questions, too!

# SAINT PETER'S GOLDEN AGE-MARCH 7

Saint Peter's Golden Age will meet at the Community Center on **Monday, March 7** at 11:00 AM – All are welcome! We are sponsoring a trip to the Sands in Pennsylvania on February 25. Call Joe and Jackie for more details – 973-335-1209.

## OPEN HOUSE COME VISIT OUR FOOD PANTRY – MARCH 5/6

Saint Peter the Apostle has had a Food Pantry for over 30 years. It is located in the school building in the back of the new addition.

Please come to our Open House to have a look. We will be there for  $\frac{1}{2}$  hour after every Mass on the weekend of March  $5^{th}$  and March  $6^{th}$ .

See what we are all about and how your monthly generosity of food and money has helped about fifty families a month.

# COMPASSIONATE FRIENDS – MARCH 10<sup>TH</sup>

The Compassionate Friends, a self-help group for bereaved parents, siblings and grandparents will be meeting on Thursday, March 10 at St. Christopher's Church, 1050 Littleton Road (Rt. 202), Parsippany at 7:30 PM in Room 101. Program: "Spring Forward With New Hope" (Sharing Photos of Our Children). Come and let us help each other learn how to begin again. For more information, please call Lily Capriglione at 973-568-4164.

#### ALTAR SERVERS – FEBRYARY 27/28, 2016

5:30PM - Wingard, Arminio, Arminio

7:30AM – Jutchenko

9:00AM - Drucks, Patane, McBride

10:30AM – Bubay, Bubay, Bubay, Bubay

12:00PM - Abrenica, Sanchez, Sanchez

7:00PM – Fernandez, Fernandez

Youfh News Contact John Cammarata at spayouthminister@gmail.com

Please visit www.facebook.com/spayouthministry

### NEW EXTRAORDINARY MINISTER TRAINING THIS TUESDAY, FEBRUARY 23RD

We will be training new Extraordinary Ministers of Holy Communion on February 23<sup>rd</sup> in church after the 7:00PM Lenten Mass. We will begin at approximately 7:30PM and end at 9:00 PM. Please call Deacon Bob at 973-887-5057 or e-mail at ralife8@aol.com for information.

#### **2015 BISHOP'S ANNUAL APPEAL**

If you received a final request from our Bishop asking for your support of the 2015 Bishop's Annual Appeal, please respond as your means permit. The Appeal is essential to the work of the Church in reaching out to those in great need who come to our Catholic Charities agencies. It also supports seminarian education, inner-city area education and our priests' retirement residence. Every gift is important so whatever you can do is a blessing. Please respond today. May God bless you for your support.

## PIZZA NIGHTS WITH THE BISHOP – MARCH 1 & 17

The original date of February 1<sup>st</sup> for Pizza with the Bishop has been cancelled and is rescheduled for Tuesday, March 1 at 7:00 PM at Morris Catholic. The next Pizza Night with Bishop will be held on Thursday, March 17 at 7 PM at Pope John XXIII High School in Sparta. All young men of high school age are invited to participate in the evening of prayer, discussion and fraternity with Bishop Serratelli and other young men as well as priests from around the diocese. If you know of someone who may be interested, please ask them to call the Vocation Office at 973-777-8818, ext. 711 or by email at jbrogan@patersondiocese.org.

#### **OUTREACH CORNER**

A parishioner needs a ride to the 5:30 PM Mass on Saturday; please call the Rectory if you can help. Thank you.

A parishioner is looking for a full bed, couch & love seat. Please call the Rectory.

Do you have a book shelf you can donate to the Rectory. Please call 973-334-2090 if you can help.

#### LENTEN CHRISTIAN SERVICE PROJECTS

Just want to give an update on what's happening with our Lenten Simple Meal and Random Acts of Mercy. In the spirit of Lent, almost 60 people joined us for our first Simple Meal. All seemed to enjoy it. The proceeds amounted to \$657!!! Thank you so much in the name of the Haitian people. Let's continue to make a difference in the lives of the poorest of the poor.

It was wonderful to see our "Random Acts of Mercy" being brought to the altar with the bread and wine at Mass. Remember to jot down your Random Acts of Mercy as you enter church and place them in the basket. Hopefully, we are looking around to see where we can find Jesus and reach out to Him in people we meet.

#### SAINT PETER'S BOOK CLUB-APRIL 18

Saint Peter's Book Club will meet on Monday, April 18, 2016 at 7:30 PM in the Church Hall. We will discuss the book, *The Light Between Oceans* by M. L. Stedman. Coffee and dessert will be served. Everyone is welcome to join us.

#### SOMETHING NEW FOR SPRING!-MAY 6

Save the date! On May 6<sup>th</sup>, Saint Peter's will hold its first talent show. All parishioners are invited to participate and share their unique talents. You can sing a song, tell a few jokes (good tastes of course!), perform magic tricks, do a dance or anything else that will entertain, inspire or amaze your fellow parishioners. It can be a classic everyone will know, or something you wrote or invented yourself. You can perform alone or with a group of friends.

If y ou have a talent you would like to share, please contact the rectory office during normal business hours. Once we have enough acts, we'll schedule a rehearsal or two, and put together a show which we'll perform on the evening of Friday, May 6<sup>th</sup>. Don't be shy! Sign up today.

### LIVING STATIONS OF THE CROSS PARTICIPANTS NEEDED FOR GOOD FRIDAY

This year our parish will once again pray the Living Stations of the Cross at noon on Good Friday. We invite anyone who has not participated in the past to become part of the group who presents this unique prayer experience every year. No experience or memorization of lines is needed. Young or old, man or woman, strong enough help lift Jesus on the cross or caring enough to weep with the women of Jerusalem, it doesn't matter. All you need is a willingness to pray and participate in this solemn commendation of our Lord's Passion. If you want to help our parish pray in a special way on Good Friday and participate as a character or part of the crowd in the Living Stations of the Cross, please contact the rectory during normal business hours.

#### ADORATION PARKING

Please be advised that the designated parking spaces in front of the Adoration Chapel are for an adorer scheduled to be at the Chapel. When attending Mass, please do not park in the adoration parking spots. Thank you for your cooperation.

# FINAL FOUR BEEFSTEAK DINNER – APRIL 2

Join us for a full beefsteak dinner (catered by The Brownstone Restaurant). Includes Cold Antipasto, Pasta, Filet Mignon, Fries, Dessert, Soda and Coffee. BYOB. The NCAA Final Four games will be shown on a huge 144" screen. There will be a 50/50 and additional Raffles available during the event.

**Date:** April 2, 2016 (Doors open one hour before first game. Dinner served 6:30 PM). **Where:** Parish Center, 189 Baldwin Road, Parsippany. **Cost:** \$50/person. Return this form to the Rectory or place in the collection basket along with your regular contribution envelope.

Name:		
Address:		
City/Zip:		
Email		
Phone:		
#of Tickets	x \$50 =	
RSVP NO LATER THAN TUESDAY, MARCH 29, 2016		

# Hablando español en San Pedro Apóstol

domingo, 21 de febrero de 2016

# Segundo Domingo de Cuaresma



# Horario de las Misas:

lunes a viernes: 6:45am y 8:00 am en inglés sábado: 5:30 pm en inglés y 7:00 pm en español

domingo: 7:30 am, 9:00 am, 10:30 am, 12 m y 7:00 pm en inglés

# **Confesiones:**

sábado: 4:00 a 5:00 pm

lunes: 7:00 a 8:30 pm (durante la Cuaresma)

# Mensaje del párroco:

## Jesús dice: "Cuando ayunes" Nuestro segundo desafío para la Cuaresma

El segundo reto de Cuaresma que Jesús nos da el Miércoles de Ceniza es su llamado a **ayunar**. Jesús dice: "Cuando ustedes hagan **ayuno**, no pongan cara triste, como los que dan espectáculo y aparentan palidez, para que todos noten sus ayunos. Yo se lo digo: ellos han recibido ya su premio." Mateo 6, 16.

El **ayuno** y la abstinencia de la carne han sido la tradición y la ley de la Iglesia a través de los siglos. Hoy en día, la Iglesia nos ha pedido en gran medida elegir las formas de ayuno, que mejor se ajusten a nuestra situación. En cierto modo, éso hace el **ayunar** más difícil. Es más fácil ayunar, si la Iglesia nos dice exactamente qué hacer. La Iglesia nos invita a asumir una mayor responsabilidad personal por nuestras decisiones al **ayunar**. ¡Pero aún así debemos **ayunar**!

La presente ley que nos llama a observar los viernes, especialmente estos viernes de Cuaresma, como días de penitencia. No debemos comer carne los viernes. Durante la Cuaresma, no debemos comer entre comidas y deben ser comidas modestas, sobre todo los viernes. El Miércoles de Ceniza y el Viernes Santo son los más sagrados de estos días. Añadimos que si por razones personales de salud no podemos, debemos hacer alguna otra obra de caridad **en lugar** de penitencia.

Aquí es donde entra en juego la responsabilidad personal. Por ejemplo, cuando las personas piden dispensas para un viernes de Cuaresma, debido a que tienen que participar de alguna fiesta; les pedimos que hagan un acto especial de caridad, o elegir una forma diferente de **ayuno**, en lugar de ignorar la responsabilidad totalmente. La idea es que hay formas de **ayuno**, además de dejar la carne o los alimentos.

Hay tradiciones de dejar de fumar, consumir alcohol o dulces durante la Cuaresma. Estos hábitos combaten las prácticas que pueden dañar nuestra salud y ejercer cierto mal control en nuestras vidas.

La Iglesia nos anima a no comer entre comidas durante la Cuaresma. Los médicos dicen que ésto es usualmente una buena práctica para nuestra salud. Muchos de nosotros sabemos lo difícil que es. Pero convertimos esa molestia en oración, diciéndole a Jesús que lo hacemos por amor a El o por amor a personas que necesitan de nuestra ayuda. Esa pequeña oración, ese tipo de pensamiento puede ayudarnos a ver cómo debemos hacer más para ayudar a otras personas. Cuando nos sentimos privados por nuestro **ayuno**, aunque sea un poco, trate de recordar a aquellos que están privados, no por su elección, sino por las circunstancias difíciles de la vida. Nuestro **ayuno** es un sufrimiento pequeño. Nos libera, aunque sea un poco, de cuidar en exceso de nosotros mismos; para que podamos reconocer y ayudar a combatir el grave sufrimiento de los demás. El **ayuno** puede ayudarnos en nuestra lucha contra conductas adictivas en nuestras vidas, que muchas veces nos agobian y encarcelan nuestras mentes y corazones.

El **ayuno**, ya sea dejando de comer, dejando el exceso de televisión o internet, controlando nuestras lenguas de lenguaje obsceno o chismeando acerca de otras personas, utilizando el dinero que ahorramos ayunando para dar más limosna, o dando nuestro tiempo de entretenimiento a las personas que amamos o que nos necesitan, o dando este tiempo a Dios orando y leyendo la Biblia – en cualquier forma – nuestro **ayuno** tiene el propósito de convertir nuestros cuerpos y corazones a Jesús en más oración, en limosnas más generosas y serviciales, y muy importante, acercándose a Jesús en el Sacramento de la Reconciliación, para que El pueda perdonar nuestro egoísmo y el pecado como también nosotros perdonamos a los demás.

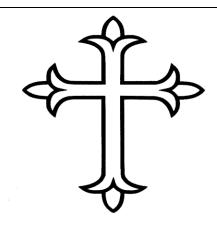
¡Por favor, abrace el **ayuno durante la Cuaresma**! Lo liberará y acercará más al Señor, y a sus hermanos y hermanas que realmente lo necesitan mucho. Que tu **oración de Cuaresma, limosnas y ayuno** te conduzcan a venir a uno de nuestros sábados por la tarde o lunes por la noche de Confesión, a "Dejaos reconciliar con Dios" 2 Cor. 5,20, antes de celebrar el Triduo Pascual.

Dios los bendiga,

Padre Herb

#### PREVENCION DE LA TRATA DE PERSONAS Y LA ESCLAVITUD

Atención. El 8 de febrero es el día de Santa Josefina Bakhita, una niña sudanesa que fue esclavizada a la edad de 7 y fue llamada por su captor: *Bakhita*, "Afortunada". Ella experimentó las humillaciones físicas y morales de la esclavitud. Santa Bakhita, fue canonizada en el 2000 y es considerada la patrona de los niños secuestrados y de las víctimas de la trata. Oremos a Santa Bakhita para que proteja a los niños, especialmente aquellos que son explotados sexualmente o como mano de obra. Para recursos de oración, visite: sisteragainsttrafficking.org. *Poner fin a la esclavitud es un trabajo de todos*.



# THE ROSARY/ALTAR SOCIETY

# IS TAKING ORDERS FOR GRAVESITE PALM CROSSES THE COST WILL BE \$8.00 PER CROSS

NAME
ADDRESS
PHONE NO.
# of Crosses @ \$8.00 each for a total of \$
Makes Checks Payable to: The Rosary/Altar Society
Please place your checks in the collection basket or send to the Rectory addressed to the Rosary/Altar Society
The crosses will be available for pick-up in the Narthex after mass starting 3/5 & 3/6 and 3/12 & 3/13
Any Questions please call Liz Dennis at 973-335-4091

# Journey Through Grief To Healing



The purpose of the group is to support those who have experienced the death of a loved one. In a warm and caring atmosphere we will explore ways to better understand and cope with our grief through sharing and discussion. The group meets for six sessions.

DATES: FEBRUARY 23 – MARCH 29 (Excluding March 1st – Our

**Parish Mission**)

**DAY:** TUESDAYS

PLACE: SAINT PETER THE APOSTLE CONVENT

189 BALDWIN ROAD PARSIPPANY, NJ 07054

TIME: 7:30 - 9:00 P.M.

FACILITATOR: SISTER SYLVIA BERZINSKI, SSC

FOR MORE INFORMATION CALL 973-334-2090



# Saint Peter the Apostle Church Final Four Beefsteak Dinner



# April 2, 2016

Join us for a full beefsteak dinner (catered by the Brownstone Restaurant) includes Cold Antipasto, Pasta, Filet Mignon, Fries, Dessert, Soda, Bottled Water and Coffee – BYOB

The NCAA Final Four Games will be shown on a huge 144" screen.

There will be a 50/50 and additional Raffles held during the event.

Date:	April 2, 2016 (Doors open one hour before first game Dinner served at 6:30 PM).	
Where:	All Saints Academy Gym (189 Baldwin Road, Parsippany)	
Cost:	\$50.00 Per Person	
 Name:		
City/Zip:_		
Number o	of Tickets: x \$50=	

Please return reservation form to the Rectory or place in the collection basket along with your regular contribution envelope.

RSVP No Later than Tuesday, March 29<sup>th</sup>, 2016